2013 Utah Fish Consumption Advisories for Mercury



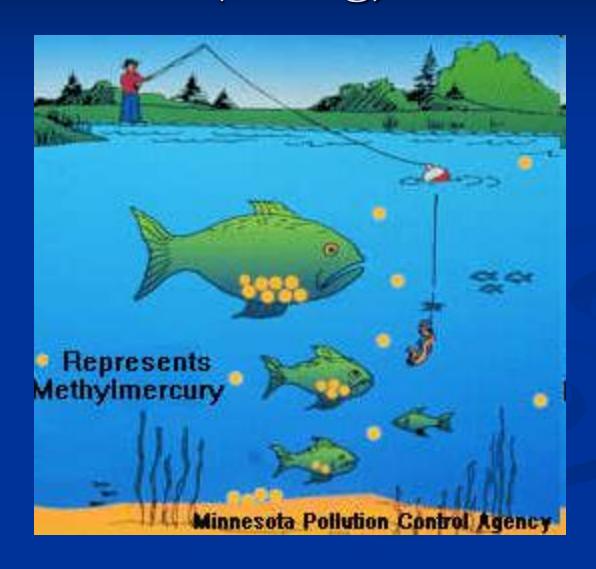


Amy Dickey Utah DEQ, Division of Water Quality Statewide Mercury Workgroup August 29, 2013

Toxic Effects of Methylmercury to Humans

- Neurotoxin
- Impacts the immune system
- Alters genetic and enzyme systems
- Particularly damaging to developing embryos

Bioaccumulation of Methyl Mercury (MeHg)



Do Benefits of Eating Fish Outweigh the Risks?

Benefits of Fish Consumption

- Good source of protein, low in saturated fat
- Contains Omega 3 Fatty Acids great for the heart
- AHA recommends eating 2 servings (3.5 oz) per week
- DHA is beneficial for fetal and early childhood neurodevelopment

Mercury Advisory Process

- Collect fish (DWR Division of Wildlife Resources & DWQ - Division of Water Quality)
- Laboratory preparation and analysis (EPA)
- Assure adequacy of data set (DWQ)
- Human health assessment (DOH Department of Health)
- Coordination with DOH, DWR and DWQ
- Joint Advisory Issued







New 2013 Advisories

Starvation Reservoir, Duchesne County

Species	Average Fish Mercury Concentration (ug/g)	Pregnant Women and Children <6, 4 oz meals/month	Women of Child Bearing Age and Children 6-16, 8 oz meals/month	Adult Women Past Child Bearing Age and Men >16, 8 oz meals/month
Walleye >12 inches	0.751	Do Not Consume	1	3

New 2013 Advisories

Recapture Reservoir, San Juan County

Species	Average Fish Mercury Concentration (ug/g)	Pregnant Women and Children <6, 4 oz meals/month	Women of Child Bearing Age and Children 6-16, 8 oz meals/month	Adult Women Past Child Bearing Age and Men >16, 8 oz meals/month
Largemouth Bass	0.592	Do Not Consume	1	4

^{*}Already have advisory at this location for Black Bullhead

New 2013 Advisories

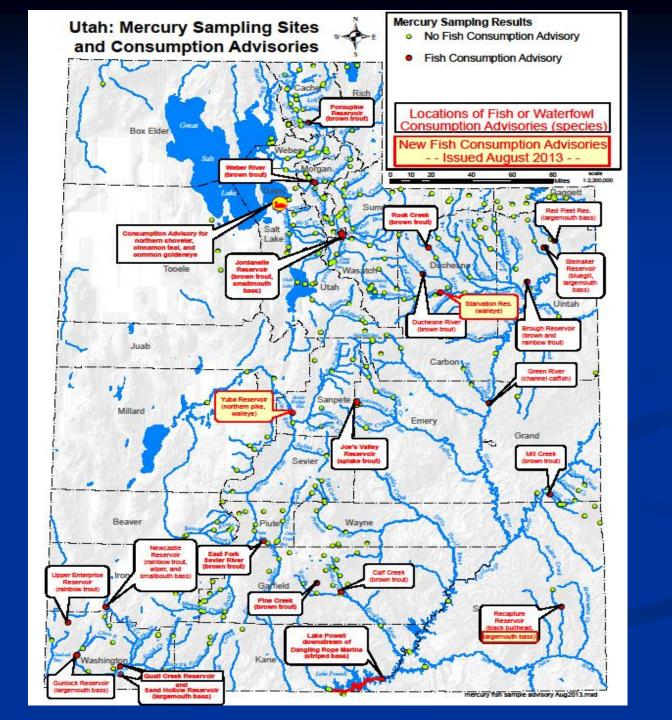
Yuba Reservoir, Sanpete/Juab Counties

Species	Average Fish Mercury Concentration (ug/g)	Pregnant Women and Children <6, 4 oz meals/month	Women of Child Bearing Age and Children 6-16, 8 oz meals/month	Adult Women Past Child Bearing Age and Men >16, 8 oz meals/month
Northern Pike	0.374	1	2	7
Walleye	0.627	Do Not Consume	1	4

Modification of Existing Advisory

Quail Creek Reservoir, Washington County

Species	Average Fish Mercury Concentration (ug/g)	Pregnant Women and Children <6, 4 oz meals/month	Women of Child Bearing Age and Children 6-16, 8 oz meals/month	Adult Women Past Child Bearing Age and Men >16, 8 oz meals/month
Largemouth Bass, 2011	0.389	1	2	7
Largemouth Bass, NEW for 2013	0.638	Do Not Consume	1	4





www.fishadvisories.utah.gov/